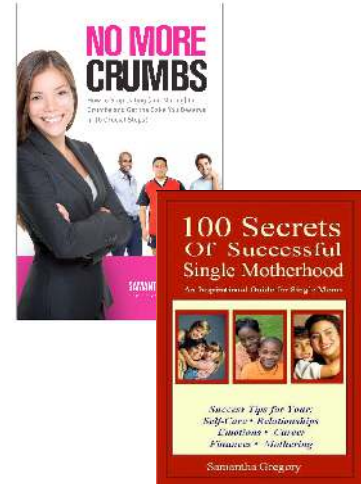


Media Sheet



SAMANTHA GREGORY
Author | Speaker
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BRIEF BIO

She is the author of *No More Crumbs: How to Stop Dating (and Mating) for Crumbs and Get the Cake You Deserve in 10 Crucial Steps!*, *100 Secrets of Successful Single Motherhood*, *The Single Mom Grant Guide*, and several other books. She blogs at RichSingleMomma.com, is a freelance writer, and a tireless renaissance woman.

She is the CIO (Chief Inspiration Officer) of No More Crumbs Women's Empowerment Initiative. She sets out to encourage, empower and help women in toxic relationships recognize their worth, embrace their freedom, and attract love (and wealth).

SPEAKING TOPICS

She is available to facilitate conversations for your group, organization, or college around the topics of:

- ✓ No More Crumbs: Toxic Relationship Elimination Techniques for Church Girls, Sensitive Souls, and Abuse Survivors
- ✓ Personal Empowerment for Positive Relationships
- ✓ Attracting Love that Lasts
- ✓ Online Dating Success in a Sea of Negativity
- ✓ The Impact of Toxic Relationships on Career and Work Life
- ✓ Spiritual Connections in Dating and Mating
- ✓ No More Crumbs: Toxic Relationship Elimination for Teens/Young Adults

EXTENDED BIO

Samantha Gregory helps women and teens in toxic relationships recognize their worth, embrace their freedom, and attract love (and wealth) through the written word, conversations (speaking), and digital media.

She is set to launch a new book, *No More Crumbs: How to Stop Dating (and Mating) for Crumbs and Get the Cake You Deserve in 10 Crucial Steps!*, in the late Summer 2012. It will be available on Amazon.com and other book outlets.

The book takes you through the author's personal journey of toxic relationships and how she eliminated them. She reveals the 10 ways you may be attracting crummy guys, toxic relationships and heartache. Samantha gives you hope and the ability to eliminate toxic relationships (and ultimately crummy guys) in 10 crucial steps, which will lead you into better and more positive love relationships specifically, and great relationships in general.

BOOKS

- ✓ No More Crumbs: How to Stop Dating (and Mating) for Crumbs and Get the Cake You Deserve in 10 Crucial Steps! (Liberated Lady Media, 2012)
- ✓ 100 Secrets of Successful Single Motherhood (Apple House Publishing, 2004)

EBOOKS

- ✓ The Single Mom Grant Guide (Apple House Publishing 2010)

CONTACT

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WEBSITES

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